



Based on UK & Singapore Famous Fun & Fitness Programme

AKIDSGYM

A Kids Gym programs will help Build your child's character.



Yoga at a early age encourages self-esteem and body awareness.

Aerobic exercise helps your mind and mood, too.



Gymnastics

We're more than mats, bars and beams.
We're building blocks for life.



• Dance • Music • Art & Craft • Mind Games



kick Boxing - Martial Art

kickboxing is similar to boxing, use the feet just like the hands to hit. Kickboxing can be practiced for general health, or as the fight sport.



Power Yoga & Aerobics

Power yoga, a dynamic fitness based derivative of yoga, is modelled on Ashtanga yoga.

Story Telling Workshop

Fitness & Learning
Prog for Toddlers

Mix Martial Art

Zumba

Spoken English Classes

Outdoor Fitness Camp

A Birthday Party

At Kids Gym, Kids love'em. So do parents! Fully supervise parties are held one at a time, so your child's party has the entire Gym to themselves. Every party includes plenty of music, movement, games and fun, Balloons Decoration, Loot Bags, created especially to meet the needs of each child. Kids have a blast and parents rest easy.

Awesome
Birthday
Bash
at



GYM • AEROBICS • YOGA

Fun, Fitness & Activity Centre

A GYM LIKE NO OTHER

- Studio - VPL-20, Shipra Krishna Vista Plaza, Indirapuram, Ghaziabad
- BrainWorks-B-30, Jangpura Extn., New Delhi
- Kangaroo Kids-A-33, New Friends Colony (Near Mata Mandir), New Delhi

Ph: 011-43850930

www.kidsgym.co.in | write to us at: littlegym@outlook.com

POWER YOGA, DANCE & AEROBICS CLASSES FOR LADIES-MORNING & EVENING